What strengths did you bring to your mentorship/internship?

Being already a part of SAU in my undergrad allowed me to rekindle relationships and start relationships easier with staff due to similar experiences. I already knew most of the staff there, and they knew me, which led to easy understanding of what expectations were going to be like. Being a former athlete, I was critical of athletic functions; this allowed me to bring issues I had as a player and see if it was out of their control, or something that could be better or enhanced.

What were your major weaknesses? What personal qualities could you have improved during your experience?

Covid was a major weakness. It created many barriers for a full athletic like experience, I only got limited game day administration function, and not many athletic events were taking place.

I also felt that I could have been better in creating more creative points in discussion. I felt sometimes in group settings I lacked voice, or input to colleagues due to the nature of my position. I felt that when I did show ideas in smaller circles, sometimes they were not acknowledged, maybe because they were not adequate enough.

Do you feel you adequately satisfied the duties expected of you by the sponsoring organization? Why or why not?

Yes, I feel that the experiences I had were helpful, but it felt more like creating documents, or helping setup behind the scenes. I felt very internet research, and computer oriented, and not as much hands on.

Do you feel you adequately satisfied the time requirements (150/200 clock hours) of the internship?

Yes, I have exceeded the expectation of 200 hours, as I am currently coaching for their reserve basketball program.

What helpful suggestions would you make to future interns/mentees in your position?

I would say speak up if you feel that some of your experiences feel like they are limiting you to the whole experience that you are trying to feel. I wanted to really shadow a head AD, but never had an opportunity too.

What did you gain from your experience? How will this experience help you when you leave Tiffin University?

It helped me get an idea of what an athletic department should function like, not saying SAU was perfect, but creating documents and working first hand allowed me to see all the small nuisances that do not have proper identities to the roles people play, and how everyone needs to take sometimes additional roles. This experience gave me a more general understanding of the aspect of athletic department functions.

What overall	grade do you feel	l you earned t	through your	mentorship/	'internship
experience?	Just	ify your respo	nse.		

I feel that I deserve an A. I feel that my experiences at SAU and the work put into it on top of working a full job was extremely demanding. I worked my tail off in that role, when still working a full time job, and taking graduate classes. I may sometimes not do the right thing, but I gave my best effort.